

MyTrips.org.uk

Fishing

Walking

Canoeing

Canyoning

Skiing

Hunting

Tracking

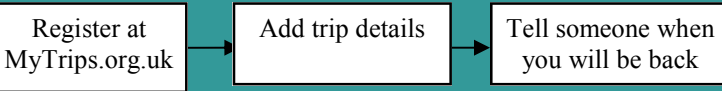
Swimming

Orienteering

Camping

Hiking

Whatever you are doing outdoors in North East England, make sure you leave a copy of your plan at MyTrips.org.uk. Your details can then be used by local Mountain Rescue Teams in the event that you are reported lost or overdue. The process is simple:



MyTrips.org.uk is a new website provided by The Teesdale and Weardale Search and Mountain Rescue Team (registered charity number 508877) and covers the whole of North East England (North Yorkshire, County Durham and Northumberland). It is supported by Mountain Rescue Teams across the region and local police forces.

Leaving your trip details with MyTrips.org.uk should take under five minutes and is completely free. Your details will not be passed onto third parties. For more details please visit www.MyTrips.org.uk

If you need assistance while out on a trip or to report someone lost or over due call **999** and ask for the police.

For more copies of this leaflet please contact:
Teesdale and Weardale Search and Mountain Rescue Team,
Bede Kirk, Barnard Castle
DH12 8DJ 01388 630999
<http://www.twsmt.org.uk>



Climbing

Cycling

Gorge Walking

Caving

Bird Watching

Scrambling

Hang-gliding

Running

Fell racing

Bivi-ing

www.MyTrips.org.uk

webmaster@MyTrips.org.uk

A great place to leave your route